

THE ULTIMATE SPRING *Cleaning Guide*

A practical spring cleaning guide tailored to your home



What's Included:

- Practical spring cleaning tips
- Home maintenance checklist
- Room-by-room checklists
- Spring cleaning planning sheets



TIPS FOR SPRING *Cleaning*



PLAN YOUR SPRING CLEANING ON YOUR CALENDAR

Planning spring cleaning ahead helps you avoid overwhelm and stay on track.



PURCHASE & GATHER YOUR CLEANING SUPPLIES

Tackling one small task at a time helps spring cleaning feel doable instead of overwhelming.



BREAK CLEANING INTO CHUNKS

Tackling one small task at a time helps spring cleaning feel doable instead of overwhelming.



DECLUTTER & ORGANIZE

Removing excess makes cleaning faster and more effective.



USE A CLEANING CADDY

A cleaning caddy saves time and energy by eliminating trips back and forth for supplies.



SKIP WHAT DOESN'T APPLY

Complete what makes sense for your space and lifestyle.

SPRING CLEANING HOME

Maintenance Checklist

SAFETY

- Test smoke and carbon monoxide detectors
- Purchase or inspect fire extinguishers
- Inspect boiler/heating system for leaks or rust
- Test security cameras and doorbell cameras
- Replace batteries in security devices

SYSTEMS

- Replace HVAC or air purifier filters
- Check heating and cooling systems
- Test thermostat and replace batteries
- Clean dryer vent & exhaust duct

APPLIANCES

- Check stove knobs turn smoothly and are secure
- Clean refrigerator condenser coils
- Clean dishwasher filter
- Inspect range hood filter

OUTSIDE

- Clean gutters & downspouts
- Seal window & door drafts
- Inspect foundation for cracks

SPRING CLEANING CHECKLIST

Room by Room



EVERY ROOM

- Declutter and organize
- Dust ceiling fans & light fixtures
- Vacuum & mop floors
- Wipe doors, handles & switches
- Wipe furniture & surfaces
- Clean sinks & unclog drains
- Deep clean rugs & upholstered furniture
- Clean windows (glass, frames & screens)
- Dust blinds & freshen curtains
- Dust baseboards & walls

KITCHEN & DINING

- Clean out fridge & freezer
- Wipe fridge inside & out
- Declutter cabinets & drawers
- Wipe cabinet exteriors
- Maintain water dispenser & cooler
- Descale coffee & espresso machines
- Clean stovetop
- Run self-clean on oven (cool & wipe)
- Clean inside and outside of appliances
- Clean dishwasher filter & run cycle

BATHROOMS

- Deep clean grout & tile in shower
- Scrub tub & shower
- Wash/replace shower curtains & liners
- Replace shower curtains & liners
- Clean & descale shower heads
- Disinfect vanity items
- Wipe vanity lights & mirrors
- Polish faucets & handles
- Declutter & organize vanity
- Clean & disinfect toilets
- Clean bathroom exhaust fans
- Wash or replace bathroom linens
- Clean or replace bath mats

LIVING ROOMS

- Dust TV & all electronic devices
- Disinfect all remotes
- Vacuum & mop all floors
- Wash blankets & throw pillows
- Deep clean couch
- Dust lamps & lampshades
- Clean rugs & upholstered furniture
- Clean windows, frames, & screens
- Dust blinds & freshen curtains



SPRING CLEANING CHECKLIST

Continued



BEDROOMS

- Wash all bedroom linens
- Rotate or flip mattress
- Vacuum mattress & deodorize
- Spot clean mattress stains
- Clean under the bed
- Wipe down headboard
- Refresh beds with clean linens
- Wipe down bedroom electronics
- Clean out closets
- Rotate wardrobe for (spring/summer)
- Clean vents & air returns
- Freshen up laundry bins
- Scent the room

HOME OFFICE

- Shred outdated paperwork
- Organize important documents
- Create a filing system
- Digitize paperwork
- Declutter office supplies
- Wipe down desk & work surfaces
- Declutter books & magazines
- Dust electronics
- Empty & replace trash
- Organize cords & cables

KID'S PLAYROOM

- Declutter toys & art supplies
- Sort toys into categories
- Wash & disinfect plastic toys
- Wash stuffed animals
- Inspect bath toys for mold
- Clean toy bins & baskets
- Organize toy bins & shelves
- Wipe down furniture & large toys
- Deep clean floor mats, cushions, & rug

LAUNDRY ROOM

- Declutter laundry supplies
- Run washer clean cycle
- Wipe washer gasket
- Clean machines inside & out
- Empty & wash lint trap
- Check dryer hose for buildup
- Clean & disinfect the utility sink
- Descale faucets



ASH & GARDENIA
Home Organization & Cleaning

ASHANDGARDENIA.COM

FLIP



SPRING CLEANING CHECKLIST

Continued



BASEMENT/ATTIC

- Declutter & donate unused items
- Sort storage bins & label clearly
- Install storage racks to maximize space
- Wipe down shelves and storage racks
- Dust ceiling corners, beams, and vents
- Check for moisture, leaks, or mold
- Clean dehumidifier tank & replace filter
- Inspect foundation walls for cracks
- Organize seasonal decor & gear
- Dispose of old paint & chemicals
- Check insulation for damage or pests
- Inspect for signs of rodents or insects
- Store items in airtight bins

OUTDOORS

- Power wash or hose down deck
- Clean exterior doors & handles
- Check outdoor lighting
- Inspect deck boards for damage
- Wash outdoor trash cans
- Clean gutters & downspouts
- Do a spring lawn clean up
- Dispose of yard waste & dead plants
- Prep flower beds for planting
- Declutter & organize outdoor storage
- Prep grills & outdoor cooking areas
- Rotate winter gear for spring
- Clean bird feeders & bird baths
- Refresh decor & planters

Notes:



CLEANING LISTS

Days 1 & 2

DAY 1 Tasks

DATE _____

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____
- 14 _____

DAY 2 Tasks

DATE _____

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____
- 14 _____

CLEANING LISTS

Days 3 & 4

DAY 3 Tasks

DATE _____

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____
- 14 _____

DAY 4 Tasks

DATE _____

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____
- 14 _____

CLEANING LISTS

Days 4 & 5

DAY 4 Tasks

DATE _____

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____
- 14 _____

DAY 5 Tasks

DATE _____

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____
- 14 _____

CLEANING LISTS

Days 6 & 7

DAY 6 Tasks

DATE _____

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____
- 14 _____

DAY 7 Tasks

DATE _____

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____
- 14 _____