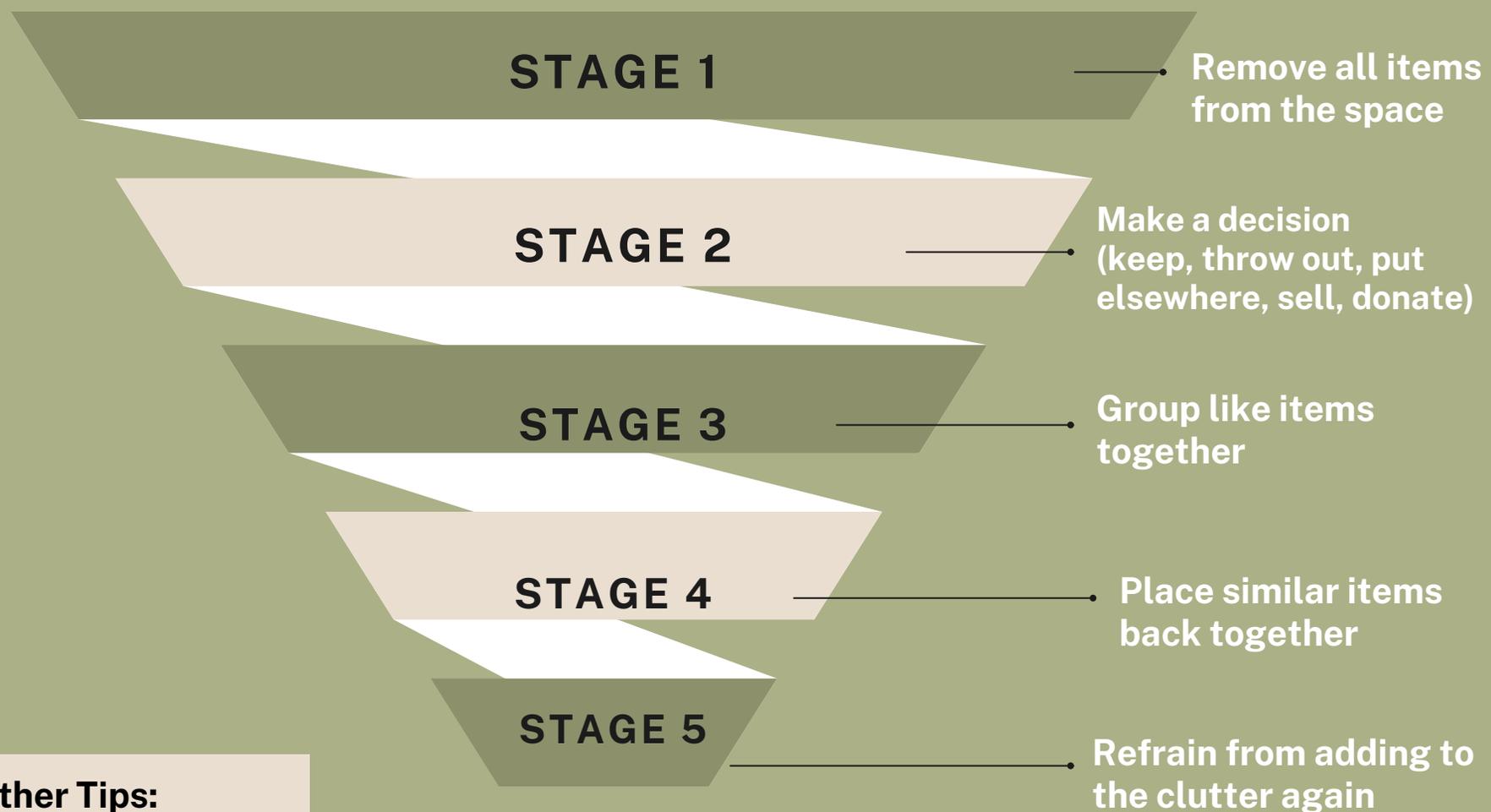


Stages of Decluttering



Other Tips:

- Think of your guidelines when determining what to do with an item
- Ask yourself, “Does the item bring me joy?”
- Let go of items that you haven’t used in years